

I'm Gravy, and you're not

All powdered gravy tastes like powder, and packet gravy tastes like packet. You need real gravy, and you need it now.

That's what all the F.U.S. is about. It's real, hand-made gravy.

It's seriously good... and it's ready in an instant







Dark Brown

For beef, lamb, red meats sausage rolls & almost everything else

	NUTRITION INFORMATION			
Servings per package:	4			
Serving size:	50ml			
	Average Quantity	% Daily Intake*	Average Quantity	
	per Serving	(per Serving)	per 100ml	
Energy	266kJ	3%	531kJ	
	63Cal	3%	127Cal	
Protein	3.8g	8%	7.6g	
Fat, total	4.2g	6%	8.5g	
- saturated	2.7g	11%	5.4g	
Carbohydrate	2.5g	1%	4.9g	
- sugars	0.2g	0%	0.4g	
Sodium	296mg	13%	593mg	
*Based on an average	adult diet of 8700k	J. Your daily intake	s may be higher or	
lo	wer depending on y	our energy needs.		
	Ingredie	ents		
Beef Stock [beef bor	nes & meat, water, o	onions, carrots, cel	ery, tomato paste,	
herbs, pepper], Butter	[cream, salt], Water	, Wheat Flour, Cre	am, Pink Himalayan	
Rock Salt, Ga	rlic Powder, Onion F	Powder, Natural Co	olour (150a)	

Light Brown Mushroom Gravy

For chicken, poultry, white meats chips & almost everything else

	NUTRITION INFORMATION				
Servings per package:	4				
Serving size:	50ml				
	Average Quantity	% Daily Intake*	Average Quantity		
	per Serving	(per Serving)	per 100ml		
Energy	240kJ	3%	480kJ		
	57Cal	3%	115Cal		
Protein	2.2g	4%	4.4g		
Fat, total	4.3g	6%	8.6g		
- saturated	2.7g	11%	5.4g		
Carbohydrate	2.5g	1%	5g		
- sugars	0.2g	0%	0.4g		
Sodium	255mg	11%	510mg		
*Based on an average	adult diet of 8700k	J. Your daily intake	s may be higher or		
lo	wer depending on y	our energy needs.			
	Ingredi	ents			
Chicken Stock [chick	en bones, water, on	ions, carrots, celer	y, herbs, pepper],		
Butter [cream, salt], Wa	ater, Wheat Flour, C	ream, Pink Himalay	an Rock Salt, Garlio		
Powder, C	Onion Powder, Papr	ika, Natural Colour	(150a)		
	Allergens: Gl	uten Milk			

usnroom Gravy

F.U.S. Dark Brown Gravy loaded with Creamy Mushrooms

	NUTRITION INFORMATION			
Servings per package:	4			
Serving size:	50ml			
	Average Quantity	% Daily Intake*	Average Quantity	
	per Serving	(per Serving)	per 100ml	
Energy	261kJ	3%	521kJ	
	62Cal	3%	124Cal	
Protein	3.5g	7%	6.9g	
Fat, total	4.5g	6%	8.9g	
- saturated	2.8g	12%	5.6g	
Carbohydrate	1.9g	1%	3.9g	
- sugars	0.2g	0%	0.5g	
Sodium	223mg	10%	447mg	
*Based on an average	adult diet of 8700k	J. Your daily intake	s may be higher or	
lo	wer depending on y	our energy needs.		
	Ingredie	ents		
Beef Stock [beef bor	nes & meat, water, o	onions, carrots, cel	ery, tomato paste,	
herbs, pepper], Mush	rooms (28%), Butte	r [cream, salt], Wa	ter, Cream, Wheat	
Flour, Garlic, Pink Him	alayan Rock Salt, O	nion Powder, Pepp	er, Mustard, Natura	
	Colour (1	150a)		
	Allergens: Gl	uten, Milk		

That's it.. it's real, it's simple, and it's perfect every time

Storage: Keep Frozen. Once defrosted, refrigerate & use within 5 days.

Heating: For best results, defrost first.

Stovetop: Empty contents into a saucepan (gravy-pan). Heat until just boiling. Stir occasionally.

Microwave: In this container, with lid resting on top, 90 seconds on high. Stir & rest lid back on top.

Another 30 seconds on high. Stir, & serve.

From frozen... Stovetop: Simply heat slowly in gravy-pan to thaw, then as above.

Microwave: Covered, 2 2 minutes on high. Stir. One minute on high. Stir. One minute on high. Stir. & serve.

F.U.S.

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Wholesale Information - August 2020:

Barcode - Retail	Product Description	GST	
9421906112016	F.U.S. Dark Brown Gravy. 200gm	\$5•99	
9421906112009	F.U.S. Light Brown Gravy. 200gm	\$5•99	
9421906112023	F.U.S. Mushroom Gravy. 200gm	\$6•99	
Barcode - Carton	Product Description	WLP ex. GST	Order units
9421906112054	F.U.S. Dark Brown Gravy 200gm x 12	\$41•88	
9421906112061	F.U.S. Light Brown Gravy 200gm x 12	\$41•88	
9421906112078	F.U.S Mushroom Gravy 200gm x 12	\$48•84	
9421906112085	F.U.S. Mixed Dozen (4 x 3 x 200gm)	\$44•20	

To place an order just go to: www.fus.nz/orders

You can place a wholesale order and pay by credit card or direct debit.

Prefer to order and receive an invoice?

Set up an account at: www.fus.nz/account

Payment terms on approval, 20th of the month following invoice.

Once your account is set up you can order at: www.fus.nz/wholesale

F.U.S. Gravy is a frozen product, delivered via our distribution partners, Wholesale Frozen Foods (WFF).

Consignment details & invoice / receipt sent by email on despatch.

Any product, order or other enquiries, please contact us at any time ...

F.U.S. Foods Ltd 17b Farnham Street Parnell, Auckland

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DDD incl.

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